


<p>Sistema Socio Sanitario</p>  <p>Regione Lombardia ASST Nord Milano</p>	<p><b>INFORMATION SHEET</b></p> <p><b>24-HOUR URINE COLLECTION</b></p>	<p>Rev.0</p>	<p>Page 1 of 1</p> <p>ASSTNM-FI-457</p>
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## 24-HOUR URINE COLLECTION

For the 24-hour urine collection for performing:

- Creatinine clearance
- Urinary electrolyte dosages
- Metabolite dosages in urine: GLUCOSE, PROTEINS
- OXALATES, CITRATES, URINARY COPPER

and in other cases specified by the GP, proceed as follows:

- The collection container is provided free of charge at the blood collection centre upon presentation of a medical prescription, or it can be purchased externally, such as at a pharmacy.
- On the day before the test, urinate and discard the first urine of the morning; collect all urine passed thereafter until the first urine of the following morning.
- Mix the collected material, note the quantity, and fill two urine test tube (provided with the container).
- Do not use glass containers.
- During collection, store the urine in a cool and preferably dark place.
- Do not drink an excessive amount of liquids during the collection.

**P.S.: The MICROALBUMINURIA test is performed only on the morning urine sample**

**The result of the analysis and the consequent diagnostic evaluation depend on the correct collection of the urine.**