

 <p>Sistema Socio Sanitario Regione Lombardia ASST Nord Milano</p>	<p>INFORMATION SHEET</p> <p>ADDIS COUNT 12-Hour Urine Collection Method</p>	Rev.0	Page 1 of 1
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12-HOUR URINE COLLECTION

Specific precautions are necessary for the 12-hour urine collection required for the Addis Count. In this case and in other cases specified by the doctor, proceed as follows:

- The collection container is provided free of charge at the blood collection centre upon presentation of a medical prescription, or it can be purchased externally, such as at a pharmacy.
- On the day before the test, urinate and discard the urine by 7.00 p.m. Collect all subsequently passed urine by 7.00 a.m. of the following morning.
- Mix the collected material, note the quantity, and fill a urine test tube (provided with the container).
- Do not use glass containers.
- During collection, store the urine in a cool and preferably dark place.
- Do not drink an excessive amount of liquids during the collection.

The result of the analysis and the consequent diagnostic evaluation depend on the correct collection of the urine.