


<p>Sistema Socio Sanitario</p>  <p>Regione Lombardia ASST Nord Milano</p>	<p>INFORMATION SHEET</p> <p>SPERM CULTURE</p>	<p>Rev.0</p>	<p>Page 1 of 1</p>
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This instruction applies exclusively to the sperm culture test.

COLLECTION FOR SEMINAL FLUID EXAMINATION
SPERM CULTURE

CONTAINER

Obtain 2 sterile containers, one for urine collection and one for semen collection, from the Blood Collection Centre (CPO) or purchase them at a pharmacy.

DELIVERY OF THE SEMEN SAMPLE

Label both containers with your first name and surname and deliver them to the Blood Collection Centre during opening hours.

- Deliver both the urine sample and the semen sample together **within 2 hours** of collection.
- The test will not be performed in case of material loss due to defective container closure.

INSTRUCTIONS FOR THE COLLECTION OF URINE AND SEMINAL FLUID SAMPLES FOR SPERM CULTURE

For the collection of the urine sample and the semen sample, follow these instructions.


IMPORTANT: Abstain from sexual intercourse for 3-4 days before the test.

CARRY OUT IN ORDER

- urine collection
- semen collection.

Urine collection - first container

- Wash your hands with water and soap and dry them.
- Retract the foreskin (the skin covering the penis), wash with water and soap, and rinse.

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- Discard the first stream of urine.
- Collect the urine in the first sterile container.
- Do not touch the inside of the container.
- Close the container carefully.

Semen collection - second container

- Induce ejaculation and collect the semen in the second sterile container.
- Do not touch the inside of the container.
- Close the container carefully.