


<p>Sistema Socio Sanitario</p>  <p>Regione Lombardia ASST Nord Milano</p>	<p>INFORMATION SHEET</p> <p>URINE CULTURE</p>	<p>Rev.0</p>	<p>Page 1 of 1</p>
		<p>ASSTNM-FI-460</p>	

URINE CULTURE (Midstream urine culture test)

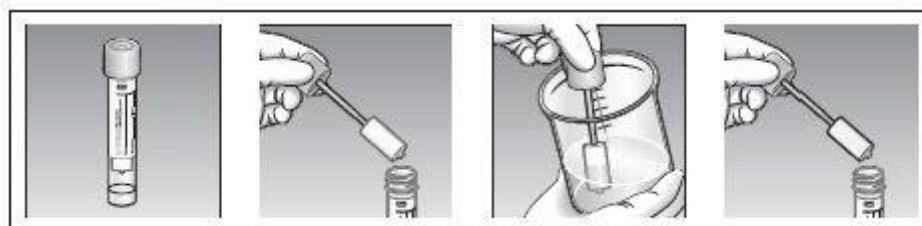
Sample collection should take place on the morning of the delivery day, preferably collecting the first morning urine or at least 2 hours after the last urination.

1. Collect the urine sterily in a wide-mouth sterile container for urine culture:

- wash hands and external genitalia with soap (not disinfectants) and dry them
- open the wide-mouth sterile container for urine culture, avoiding touching the inside surfaces
- for women, separate the labia; for men, retract the foreskin
- discard the first stream of urine, collect the second stream (midstream) directly into the sterile container, taking care not to overfill it. Deliver to the Blood collection centre on the same day of the collection

2. If provided with a Uriswab swab from the Blood collection centre, after urine collection:

- open the screw cap of the Uriswab tube without touching the sterile sponge
- immerse the sponge for 10 seconds in the urine collected in the sterile urine culture container until the sponge is saturated
- reinsert the sponge into the tube and securely close the screw cap. Deliver the Uriswab tube to the Blood collection centre.



- 3. Alternatively, the sample can be collected by urinating directly onto the Uriswab swab until the sponge is saturated, always following the hygienic rules mentioned above and after discarding the first stream. In this case, ensure the sponge is well soaked with urine without touching it with your fingers.**

NOTE: Do NOT fill the Uriswab tube with urine

NOTE: if using the same urine sample (single sterile container) for urine culture and chemical-physical urine examination, first perform the collection with the Uriswab swab for urine culture, then transfer the urine into the test tube for urine examination.

The sterile container + Uriswab swab are provided free of charge at the Blood collection centre upon presentation of a medical prescription. Alternatively, the wide-mouth sterile container can be purchased externally, e.g., in a pharmacy.