

Sistema Socio Sanitario  Regione Lombardia ASST Nord Milano	INFORMATION SHEET	Rev.0	Page 1 of 1
	CTM CYTOLOGICAL EXAMINATION ON URINE AT POLYCLINICS	ASSTNM-FI-450	

CYTOLOGICAL EXAMINATION OF URINE

- For the collection of urine samples for C.T.M. test, use the screw-top containers pre-filled with fixative liquid for urine cytology, which are **provided at the Polyclinic's Blood Collection Centre during opening hours from Monday to Friday (no Saturdays).**
- Bring the prescription with the medical request for the examination.



- **Collection procedure:**
 - On the three consecutive days of urine collection
 - empty your bladder in the morning;
 - take a glass of water, at least 200 cc;
 - collect urine in a plastic cup and empty it into one of the three pre-filled containers provided at the Blood Collection Centre (one for each day);
 - close the containers properly to prevent leakage of liquids and store them in a cool place, away from heat sources, before delivery.
- **The day of delivery** of the three samples, chosen by the patient:
 - go to the Blood Collection Centre of the Polyclinic;
 - settle the co-payment for your medical tests;
 - collect the sheet "Test collection with delivery date".